



HENNA TIPS

KINDLY WRITTEN BY MARIANNE OF MAICURLS.COM

- Make sure to wear gloves to prevent staining your hands.
- Put a little oil around your hairline and ears to prevent staining.
- Cover your work area with old newspapers to prevent stains.
- Always do a skin patch test (to determine if you are allergic).
- Do time strand tests (collect some when you detangle with a comb) to find out the ideal time to leave the henna on your hair.
- Do not use piping hot water (mixing liquid of choice) this will diminish the nourishing and dye properties of the henna.
- Make sure to cover the henna (ideally using clingfilm) and press the wrap against the henna to get rid of air.
- Cover your hair (shower cap/plastic bag/clingfilm) once the henna is on to help avoid it drying out.
- Gently use your fingertips when you loosen the henna (under running water).
- Use a cost effective conditioner that is thick and has good slip when rinsing your hair (you will need/use a lot!)
- Always deep condition your hair after henna!
- Make sure to only use a moisturising deep conditioner (avoid protein based when using henna) to restore moisture back in your hair.
- Once you are done, make sure to moisturise (use a leave in conditioner) and seal your hair with oil.

